

**THIS WEEK'S EVENTS**  
(the week of October 15-21, 2017)

<b>Sun.</b>	2:00 pm	New Dawn Players - Stone Church
<b>Mon.</b>	10:00 am	Street Hope Bible Study - Library
	10:00 am	City Prayer - Vineyard
	7:30 pm	Living Like Jesus Study - Vineyard
<b>Tue.</b>	9:00 am	Stone Wash Laundry
	10:00 am	Street Hope Bible Study - Library
	12:15 pm	Lunch & Learn - Stone Church
	12:15 pm	See Through the Scriptures - Vineyard
	8:00 pm	Al-Anon - Library
<b>Wed.</b>	9:00 am	Stone Wash Laundry
	10:00 am	Street Hope Bible Study - Library
	12:00 pm	Cooking Class - Stone Kitchen
<b>Thu.</b>	9:00 am	Stone Wash Laundry
	12:15 pm	Bible Study - Stone Church
	4:00 pm	Community Drop-in - 2nd Floor, Trinity Church
<b>Fri.</b>	3:00 pm	Ladies Craft Group -- Stone Church
	7:00 pm	Street Hope Drop-in - Stone Church
<b>Sat.</b>	9:00 am	Street Hope Breakfast - Stone Church
	3:00 pm	Amazing Grace Church Mission - Stone Church

**Our Envelope Offerings - October 8**

	<b>Regular</b>	<b>Missions</b>
Budgeted	\$3,052.00	\$787.00
Actual	<u>3,161.00</u>	<u>836.00</u>
<b>Shortfall/Surplus</b>	\$ 109.00	\$ 49.00

**Inward Practices: Fasting and Study**  
**Matthew 6:1-4, 16-21**

Take out your Bible and look up the scripture. Over the next week we invite you to sit down (by yourself or even better) with your small group, a friend, family member or soul-mate, and (think about) discuss the following questions:

1. Did you grow up in an “openly religious” home or was religion mostly a private matter, unseen by you until later years?
2. On a scale of 1 (obligation) - 10 (joy), how would you rate your usual attitude to fasting?
3. What “religious disciplines” are valued in your circles?
4. Why do you think fasting and prayer are often put together in the Bible and with Christians through the centuries?
5. What is the purpose of fasting? In what situations you face might fasting be helpful?

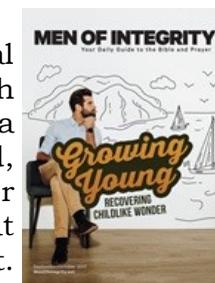


**Boiler Room Prayer Time - Sundays**

If anyone would like to join us for prayer and quiet meditation before the service from 9:30-9:55 am you may join us in the library. All are welcome to attend.

**Men of Integrity Devotional**

We have purchased an annual subscription of a devotional produced by *Christianity Today*, called *Men of Integrity*. Each issue covers a two-month period, and each week is focussed on a specific theme (e.g. Encouragement, connecting with God, Transforming your mind...etc.). The goal is to provide another resource designed to help the spiritual growth of the men at Stone and SJ Vineyard. Please take a copy of the Sept./Oct. issue and leave your name and email address on the sheet at the back of the church if you want to have access to more Men of Integrity on-line resources through our subscription. For more information speak to Danny Marmen, Stone Church Warden.



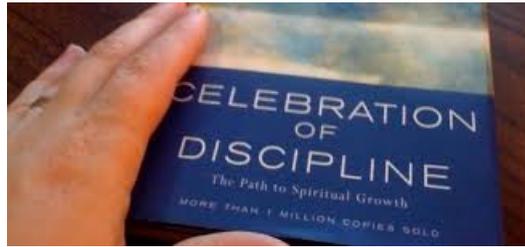
## Living Like Jesus: Monday Evening Spiritual Practices

(From *Celebration of Discipline*, Richard Foster)

### Monday Evenings 7:30-8:30 pm Saint John Vineyard (classroom)

Jesus lived with certain spiritual practices that enabled him to live in a "God bathed world", seeing and hearing the Father in all things, even the silence. Each Monday evening we will look at a different practice and talk about how we might implement it in our lives so that we also have a greater experience of the presence, peace and power of God in our own lives. You are welcome to attend every evening or only the evenings that are most interesting for you.

October 16: **Prayer**  
October 23: **Fasting**  
October 30: **Study**  
November 6: Cancelled  
November 13: **Submission**  
November 20: **Solitude**  
November 27: **Confession**  
December 4: **Service**  
December 11: **Worship**  
December 18: **Meditation**  
January 8: **Guidance**  
January 15: **Celebration**  
January 22: **Simplicity**



### Lunch and Learn - Keep Your Mind For Later Use

Our first session in the Lunch & Learn series begins this **Tue., October 17 at Stone Church**. Please join our Parish Nurse, Beth Lawson to hear our guest speaker talk about the healthy brain and what we can do to maintain it. This program has been developed to help improve our lives, the lives of our fellow parishioners and our neighbors. Coffee and tea will be provided. Please bring your own bagged lunch.



### Created for Connection (Marriage Workshop)

The Created for Connection workshop scheduled for October has been postponed until the new year. The new dates will be Friday, January 19, 6:00-9:00 pm; Saturday, January 20, 9:00 am - 4:00 pm and Sunday, January 21 from 2:00-6:00 pm. More details to follow.



### Workshop for Spiritual Friends: Oct 24 from 6:00-9:00 pm

Alcoholism & drug addiction are major problems in our community. Street Hope Ministry is offering an opportunity for folks in the Church community to make a difference. We will be putting on a workshop designed to equip people to help with the 5<sup>th</sup> Step in Alcoholics Anonymous. In Step 4 the participant has done a personal "fearless moral inventory". In Step 5 they share that "inventory" with another person, who helps them explore the issues and help formulate plans for a different future. This is an important role as a spiritual friend. The Big Book says "we usually find solitary self-appraisal insufficient". Street Hope will present this equipping workshop Tue., Oct. 24 in the upper hall at OutFlow on Waterloo St. from 6:00 – 9:00 pm. Please pray. **Is God calling you to make a difference?** Contact Reed Fleming 721-1788 or [streethopesj@gmail.com](mailto:streethopesj@gmail.com) with any questions and to register for this cost free event.

### Gentle Path Counselling Halloween Dance and Costume Contest Fundraiser - Sat., October 28 - 8:00 pm - 1:00 am

Join us for Dancing, Costume Contest, Door Prizes, Photo Booth, Silent Auction, Free Munchies, and more. Come join the fun and help us fund free counselling services to those who cannot afford them. \$35 per person, tickets available on Eventbrite or by calling 652-7284.

**Parish Roast Beef Dinner:** will be held at The Church of the Good Shepherd on Sat., October 28 with two sittings, one at 4:30 and one at 5:30 pm and there will also be a Bake Sale Table. Tickets are \$15 or \$30 for a family. Tickets can be purchased from any member of the Men's Group, L.I.F.T. Group or by calling the office at 635-8145.

**The Cool Chics and Ugly Doclings:** will be joining us at the Church of the Good Shepherd on November 25 at 7:00 pm. Join us for a great evening of fun, wonderful music and great camaraderie!! Tickets \$15.00 each. Tickets are available from members of the L.I.F.T Group, the office (Tues-Fri 9-Noon) or you can reserve your tickets by calling 635-8145 or 738-2856.

### Stone Mission Statement

*We are a community of followers of Jesus Christ called to spiritual growth, building one another up, and sharing the love of God in the wider community..*